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THE MAKE THAT BABY KIT BY PREGPREP PRODUCT FACT SHEET

FertilPrep

What's Inside: NAC and a blend of natural derivatives including Chaste Berry Extract + Evening Primrose Oil

How It Works: The primary ingredient in FertilPrep is NAC (N-acetyl Cysteine). NAC is a natural mucolytic that dissolves viscous mucus + thins mucus secretions. Thin cervical mucus significantly eases sperm transport, which may help facilitate fertilization. NAC is also a naturally occurring antioxidant that reduces levels of free radicals in the body. In addition, FertilPrep has a select blend of natural derivatives (including Chaste Berry Extract and Evening Primrose Oil) that have traditionally been used by women through the ages to support conception and hormonal health.

How To Use It: Take one FertilPrep capsule, on an empty stomach with a full glass of water, twice daily beginning 5 days before ovulation.

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VitaMelts

What's Inside: Folic Acid, Vitamin D, Vitamin B-12

How It Works: VitaMelts contain folic acid, an absolutely essential supplement for any woman trying to conceive. Studies have shown that adequate folic acid intake may reduce a woman's risk of having a child with a brain or spinal cord birth defect. VitaMelts also include Vitamin D and B12, both of which are designed to support normal ovulation. VitaMelts can be taken alone or in addition to any prenatal supplement you may already be taking.

How To Use It: Take one tablet daily + allow to fully dissolve on the tongue.

Essential Balance Oil

What's Inside: A select blend of essential oils including lavender, bergamot, and juniper

How It Works: Aromatherapeutic support to calm your mind, harmonize your body, and support your reproductive system.

How To Use It: Add 5 full droppers to warm bath, or apply directly in shower before attempting conception on each of the 5 days before ovulation.